

MEAL PLANNING *Ideas* Week TWO

Welcome to Unger Meats Meal Planning Ideas. We cook with simple ingredients, and we rather enjoy the "meat & potatoes" way of cooking. We will have as many of the recipes up on our website as possible. Some meal ideas are basic and are suggestions meant to be mindless and simple with really no prep (*ie wing night*). All recipes use meat products that we have available in-store on a daily basis. We hope you enjoy these meal plans and find them helpful in planning nutritious food for your busy families.

MONDAY

Unger Meats Smoked Pulled Pork

**available in-store*

TUESDAY *Taco Tuesday!*

Chorizo & Ground Beef Tacos

**recipe on website*

WEDNESDAY

Instant Pot Ground Chicken & Pasta

**recipe on website (ground chicken available in-store)*

THURSDAY

Ungers Farmer Sausage & Perogies

**Country Perogy Shop perogies & schmaundt fat (cream gravy) available in-store*

FRIDAY *Wing Night!*

Saucy Chicken Wings (toss in your fav dipping sauces)

**amazing Dunn-rite Wings available in-store along with our Ol' West BBQ Sauce*

SATURDAY

Kitchen closed!

(sometimes you just have to take a break / take out or dine out)

SUNDAY

Cheesy Chicken & Bacon Chowder

**recipe on website*

